

Elementary & Middle School Athletic Opportunities

Supported by the St. Nicholas School Athletic Board

The St. Nicholas Athletic Board would like to thank you for helping to make our sports programs successful! It is our pleasure to support the athletics program at St. Nicholas and we have fun doing it. We want each family to have full knowledge about the athletic board and the athletic opportunities offered at St. Nicholas and in the Freedom community. To help with this goal we've provided the following:

- Chart of Middle School league and tournament team sports offered and timing.
- Resources for Elementary School sports offered.
- Your St. Nicholas Athletic Board members and what we do.
- Positions opened on the St. Nicholas Athletic Board & how to join.
- List of forms that need completing for participation in sports at St. Nicholas.



St. Nicholas Athletic Board

Please contact the appropriate athletic board member should you have questions.

POSITION	NAME & EMAIL	PHONE
Athletic Director	Vicky Wolf Email: rvwolf@theglobalnet.net	540-8822
Secretary	Sharon Murphy Email: csm7@theglobalnet.net	858-5299
Treasurer	Anne Thelen Email: athelen1@new.rr.com	716-2333
Volleyball Director/Volleyball Gym Scheduler	Anne Thelen Email: athelen1@new.rr.com	716-2333
Girls Basketball Director/ Gym Scheduler/Referee Scheduler	Renee Horswill-Phillips Email: rhorswill@adkickinsolutions.com	915-1240
Boys Basketball Director	Leah Van Handel Email: leahvanhandel@yahoo.com	810-8548
Boys/Girls Softball Director	Kendilyn Brockman Email: brockman5@new.rr.com	450-1246
Concessions Purchaser	Vicky Wolf & Anne Thelen Email: rvwolf@theglobalnet.net	540-8822
Parents Day Coordinator	Casey Fryda Email: kfryda@new.rr.com	609-1767
Phy-ed Representative	Katie Beno Email: kbeno@stnicholasfreedom.org	850-4470
Super Sunday Basketball	Nathan Peters Email: npeters@abc-computers.com	309-0259
Work Scheduler	Nathan Peters Email: npeters@abc-computers.com	309-0259
Pom Coordinator	Anne Thelen Email: athelen1@new.rr.com	716-2333
SNS Athletic Banquet Coordinator	Vicky Wolf Email: rvwolf@theglobalnet.net	540-8822
Freedom Public School Liaison Communicator	Vicky Wolf Email: rvwolf@theglobalnet.net	540-8822



Please see last page for Middle School League and Tournament Team Sports.



We are seeking new board members for 2015-2016!

If you are interested in joining the Athletic Board or would like additional information on areas we you're your help please contact:
Vicky Wolf @ rvwolf@theglobalnet.net or via cell phone @ (920) 540-8822.

What Does the St. Nicholas Athletic Board Do?

The St. Nicholas Athletic Board makes it possible to offer sports at St. Nicholas for grades 5-8. We encourage coaches to teach fundamentals, teamwork, leadership and good sportsmanship.

Our Mission

To initiate, stimulate and improve spiritual and physical well-being of student-athletes and promote and develop educational leadership, sportsmanship, sports participation as a recreational pursuit and athletic excellence.

What are the expenses?

Most expenses for girls volleyball, boys/girls basketball and boys/girls softball are funded through the SNS Athletic Association. Expenses include, but are not limited to: league fees, tournament fees, equipment, uniforms, referees, score keepers, parents' day pictures, buttons, medical supplies, line judges, concession food, candy and beverages. All the playground and phy-ed equipment for the entire school is funded by the Athletic Board as well as phy-ed and field trip activities for the middle school.

Outside of school sponsored sports, additional events sponsored by the St. Nicholas Athletic Board are: Super Sunday, which introduces basketball to the younger athletes and the Athletic Banquet, which honors athletes and coaches.



How do we raise money?

The Athletic Board's revenue is generated from concession sales at home sporting events such as; all St. Nicholas home games, the Freedom Youth Football games and Middle-School Wrestling and Track events. All money is put back into our school.



Volunteering

When you or your family volunteers to help out at sporting events you play a key role in the success of our athletic program. Thank you to all of those who have volunteered your time.



Our Goals

- Keep sports alive and successful!
- Help maintain 'family-friendly' sports schedules.
- Make a difference in the lives of 130+ enthusiastic Rockets & help them develop and prosper athletically.
- Develop organized, supervised and safe sporting events where leadership, teamwork and sportsmanship thrive.
- Make athletics fun and exciting for all the participants!



Please see last page for Middle School League and Tournament Team Sports.

Athletic Forms for All St. Nicholas Sports

All forms will be available at “Back to School Day” in August. If you are not able to collect the forms at that time the coaches will distribute them. Forms that need completed are:

1. **Participation Form** –will be sent home in the family envelope prior to the start of each St. Nicholas sponsored sport. It is very important that each family complete the participation form and return it back to the school whether or not your child(ren) want to participate. We need to account for all children and develop teams and schedules based on participation.
2. **Concussion Form** – to be completed once per year and will cover all St. Nicholas sponsored sports.
3. **Transportation/Alternate Transportation Form**
4. **Parent & Athlete Agreement Form (2-sided)**
5. **Player Medical Release Form (1-sided)**



Middle School Sports Rule

If St. Nicholas offers a sport for a child’s grade level – the child must play that sport for their own school. Only when the sport for the specific grade level is not offered can the St. Nicholas child play for the Freedom Middle School.

Directions to Catholic League Conference Schools

Directions to all Catholic league schools in our conference can be found on the St. Nicholas School website by clicking on the ‘Athletics’ tab and choosing Athletic Event Locations & Directions.

Elementary School Athletics

There are many activities offered in the Freedom community for kids in 4K through 5th grade. Soccer, basketball, t-ball, baseball, flag football, dance, cheer & stunt, wrestling, volleyball and more are offered as leagues, camps and team sports. If you are interested in learning more about the Elementary Athletic Programs available in the Freedom area please use the resources below or contact Lorie Evers in the High School Athletic Department @ levers@freedomschools.k12.wi.us or (920) 788-7940.

ATHLETIC OPPORTUNITIES	CONTACT & RESOURCE
The Freedom Athletic Association <i>(baseball, softball and soccer leagues)</i>	www.freedomathletics.com
Freedom School District <i>(Click on ‘Summer School’ link to find sports camps and programs)</i>	www.freedomschools.k12.wi.us
Freedom Elementary School <i>(Click on ‘Sports’ link)</i>	www.freedomschools.k12.wi.us/elementaryschool
Boys Elementary Basketball opportunities <i>(Leagues, Camps & Tournament Teams)</i>	Contact John Van Rossum at Freedom High School Email: jvanrossum@freedomschools.k12.wi.us
Girls Elementary Basketball opportunities <i>(Leagues, Camps & Tournament Teams)</i>	Contact Mike Vander Loop at Freedom High School Email: mvanderloop@freedomschools.k12.wi.us
Flag Football <i>Sponsored by the Freedom High School Football Program</i>	Contact Clint Kriewaldt @ cjkriewaldt@yahoo.com
Cheer & Stunt (grades 3 rd – 5 th)	Contact Linda Schrage @ schrage_cheer@yahoo.com
Dance (grades 4 th – 5 th)	Contact Lorie Evers @ levers@freedomschools.k12.wi.us
Wrestling (grades 1 st – 5 th)	Coaches: Justin Lancaster & Dick Vosters



Please see last page for Middle School League and Tournament Team Sports.

Middle School Sports Timing (approximate)



Leagues

Sport	School Running Sport	Grades	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Pom and Dance	Freedom Public	Girls 6,7,8	X	X X	X X	X X	X X	X X	X X	X X	X			
Football	Freedom Public	Boys 6,7,8			X X	X X	X							
Fast Soccer	Freedom Public	Coed 6,7,8				X X	X							
Volleyball	St. Nicholas	Girls 5,6,7,8			X	X X	X							
Cross Country	Freedom Public	Coed 6,7,8			X	X X								
Boys Basketball	St. Nicholas	Boys 5,6,7,8						X X X	X X	X				
Girls Basketball	St. Nicholas	Girls 5,6,7,8						X X X	X X	X	X			
Fun Funk	St. Nicholas	Girls 5,6,7,8						X X X	X X	X				
Cheer and Stunt	Freedom Public	Coed 6,7,8						X X X	X X	X X				
Wrestling	Freedom Public	Boys 6,7,8								X X	X X	X		
Track	Freedom Public	Coed 7,8											X X	X
Boys Softball	St. Nicholas	Boys 7,8 (6?)										X	X X	X
Girls Softball	St. Nicholas	Girls 7,8 (6?)										X	X X	X

X includes both practice and games

Tournament Teams

Sport	School Running Sport	Grades	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Girls Basketball	Freedom Public	Girls 7,8						T T	T		T T T	T		
Girls Basketball	Freedom Public	Girls 5,6								T T	T T T			
Boys Basketball	Freedom Public	Boys 5,6,7,8								T T	T T T			
Baseball	Freedom Athletic Ass.	Boys	T T	T T										T T
Softball	Freedom Athletic Ass.	Girls	T T	T T										T T

T= tournaments are generally scheduled during this time

Practice time is not listed prior to tournament time because it varies by coach and age.