

## Grade 1 At-Home Lesson

November 29, 2023

**Opening Prayer:** Together say the Angel of God Prayer.

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard to rule and guide. Amen.

### **Lesson: Advent**

- Begin with this video.
  - <https://www.youtube.com/watch?v=P4ZstLnDTkY>
- After watching the video, talk as a family about your own Advent traditions.
- Next, prepare and set up your Advent wreath. If you do not have one, print off the attached pages and build the one provided. (Here is a picture of what it looks like. Use toilet paper tubes inside the candles and a paper plate for the base.)



- 
- Once your Advent wreath has been prepared, pray this Advent Wreath blessing to bless your wreath.
  - *Dear Jesus, as we light the candle(s) on this Advent wreath, may the light of your presence bring joy to our hearts. Bless our family and our friends, and be with all those who are in need this holiday season. Amen.*

### **Conclusion: Continuing your Advent Prayer**

- **Advent begins on Sunday, December 3, 2023.** Use the attached weekly prayers to journey through the Advent season as a family. If you already have Advent prayers for your wreath, please feel free to use yours.
- **Optional:** Another fun idea is to make an Advent paper chain. An option has been included for you that has good deeds for the Advent Season.

**Reminder:** On December 6th, we have a family night that includes Mass for the Feast of St. Nicholas. You will have an at-home lesson on December 13th and be in-person on December 20th.

Have a blessed week!