

# Fifth Grade

**Prayer:** Hail Mary

**Objectives:**

1. Recognize the responsibility of the gift of free will (R.7.1.U.2).
2. Describe strategies to get out of abusive or potentially abusive situations (R.7.1.U.3).
3. Define different types of touches (R.7.1.U.4).

**Virtue:** Responsibility (fulfilling one's just duties: accepting the consequences of your words and actions).

**Saint:** St. Margaret of Scotland

- Margaret was an English princess who fled from England to escape the King.
- The King of Scotland fell in love with her and they married.
- She helped her husband become more virtuous and helped to soften his temper.
- She and her husband became incredible examples for others in their country - praying together, feeding the homeless and poor together, being modest and virtuous in all that they did.
- She worked hard to get good teachers and helped the country become better. She accepted great responsibility to reform the country and bring it closer to Christ.



**Vocabulary:** free will, modesty

**Teaching**

- Say: Let's summarize the first three chapters of Genesis. The first two chapters mainly deal with which story? Students raise their hand. Call on one. (Correct Answer: Creation).
- Ask: Who created everything? Students raise their hand. Call on one. (Correct Answer: God).
- Say: God then gave Adam and Eve a command after He created everything. What did He command them? Students raise their hand. Call on one. (Correct Answer: "You are free to eat from any of the trees of the garden except the tree of knowledge of good and evil. From that tree you shall not eat; when you eat from it you shall die." Genesis 2:16-17).
- Read the answer out loud to the class: "You are **free** to eat from any of the trees of the garden except the tree of knowledge of good and evil. From that tree you shall not eat; when you eat from it you shall die." Genesis 2:16-17.
- Ask: Why was it important for God to tell the human beings that they are FREE? Students raise their hand. Call on one. (Correct Answer: Without free will, there is no true love. You can't force someone to love you. Love always has to be free for when we choose love (the good) over the decision that will turn us away from God (evil), we are choosing what God has intended for us.
- Say: Free will means our ability to choose. Free will is a gift, but with it comes responsibility. When you are given keys to a car at the age of 16, it is a great gift, but also a great responsibility. You can go anywhere you want, but you can also cause great damage, injury, or even death if you are not careful. With free will comes responsibility.
- Say: Some people choose to use their free will in a negative way. Rather than choosing to honor God and what is good, they choose something other than God. These evil actions are what we call sin. If you are ever in a situation that makes you feel uncomfortable, go to a



trusted adult. Leaving the situation is the best decision you can make during that time. Do not allow someone to inappropriately treat you using violence or getting into your personal space where only you are allowed to be.

- Ask: What are you to do if someone tries to do something inappropriate to you? Students raise their hand. Call on one. (Correct Answer: Leave the situation and find the nearest trustworthy adult and tell them what is happening).
- Say: Free will is a gift and a great responsibility. If someone exercises their free will appropriately, it results in true freedom.
- Say: There are many examples of good decisions vs. bad decisions. It is helpful to know your personal boundaries so that you can determine what is a good behavior and what is not.
- Say: No one should ever touch your private parts - those parts that are covered by your swimming suit. These are made special by God and are meant to keep hidden. God taught us that modesty is important. Modesty means being pure in heart and in action. That means that we want to dress appropriately and cover those areas of our bodies that are meant to be kept hidden.
- Say: Modesty protects the mystery of a person. "Modesty protects the intimate center of the person. It means refusing to unveil what should remain hidden" (Catechism of the Catholic Church #2521). Modesty can be expressed in many forms - how we dress, what we share with others, and how we behave.
- Collaborate on a list: How can we remain modest? (Answers will vary, but groups may say, dress purely without tight fitting or revealing clothing, dance appropriately, don't watch anything that is impure on TV or listen to impure songs on the radio).
- Ask: What is that box that holds Jesus in Church? Students raise their hand. Call on one. (Correct Answer: Tabernacle)
- Take students to see the tabernacle in their own Church. Get up close, have the students genuflect to recognize that this is in fact Jesus inside and explain the following:
- Say: Just like the tabernacle veils or protects Jesus, so too does modesty. Modesty protects the beauty that is inside. Our bodies are temples of the \_\_\_\_\_. Students raise their hand. Call on one. (Correct Answer: Holy Spirit).
- Say: God dwells in us so that we become living tabernacles ourselves when we receive Jesus in the Eucharist. Modesty protects what we have received and allows us to be better gifts to other people. When the attention is placed on God and not on us, beautiful things happen.
- Say: There are three types of touches:
  - 1) Safe touches (touches that are safe and good for you) include - appropriate hugs, pats on the back, arm on the shoulder, or taking a splinter out of your hand (even though it hurts, it is to make you healthier).
  - 2) Unsafe touches (touches that hurt your body or feelings) include - hitting, punching, kicking, pushing, pinching.
  - 3) Unwanted touches (touches that are safe, but one that you don't want at that moment). Just ask the person politely to not do that. It's ok to say no to an unwanted touch (like some people do not like to be hugged).
- Say: Our sense of touch is a great gift! We are to use our sense of touch to give honor to God and serve others.
- Ask: How can you use your sense of touch to honor God and to help others? (answers will vary, but could include holding hands around the dinner table to pray, serving at a soup kitchen with your family, giving a close friend a hug after her grandmother died, helping others up after they fall down, using your arms to help the teacher erase the whiteboard or pick up papers under the desks).

- Ask: What did God give us as a gift beginning in the Garden of Eden? Students raise their hand. Call on one. (Correct Answer: Free will).
- Ask: Why is the gift of free will so important? Students raise their hand. Call on one. (Correct Answer: Without free will, we are unable to love as we should or as God intended us to live).
- Work on Worksheet 7 to review free will. Apply that to their own lives in how sin introduces death into our own relationships.
- Pray: Hail Mary

Hail Mary,  
full of Grace  
the Lord is with thee.  
Blessed art thou among women,  
and Blessed is the fruit of thy womb, Jesus.

Holy Mary,  
Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

St. Margaret of Scotland...**PRAY FOR US.**

## Worksheet 7 (Grade 5)

Read Genesis 3 in your Bibles. Adam and Eve were given the *free will* to choose good or evil - to obey God or disobey God. They decided to disobey God thus introducing death into their relationships. Describe how each of the following relationships was hurt after Adam and Eve disobeyed God. Sin always hurts our relationships with God and with others.

With the Physical World	Between Each Other
With their own Spiritual Life and Mortality	With God himself

How does sin begin to destroy your own relationships with the mentioned groups above?

With Nature	With One Another
With Ourselves	With God