

Name _____ Date _____

The Act of Faith

Directions: Read the prayer and answer the questions.

O my God,
I firmly believe that you are one God in three divine Persons, Father, Son,
and Holy Spirit.
I believe that your divine Son became man and died for our sins, and that
he will come to judge the living and the dead.
I believe these and all the truths which the holy Catholic Church teaches,
because you have revealed them, who can neither deceive nor be deceived.
Amen.

1. In each box draw what we proclaim to believe in the Act of Faith

I firmly believe...	I believe...	I believe...

2. Who helped you accept these beliefs as your own? List all the people you could thank for passing the Catholic faith on to you.

3. We all go through times of doubt. Write a prayer asking God to increase your faith.

4. Finally, pray the Act of Faith followed by this prayer from the Gospel of Mark:

“I believe; help my unbelief!”
Mark 9:24