

Grade 1 At-Home Lesson

November 29, 2023

Opening Prayer: Together say the Angel of God Prayer.

Angel of God, my guardian dear,
to whom God's love commits
me here, ever this day be at my side,
to light and guard to
rule and guide. Amen.

Lesson: Advent

- Begin with this video.
 - <https://www.youtube.com/watch?v=P4ZstLnDTkY>
- After watching the video, talk as a family about your own Advent traditions.
- Next, prepare and set up your Advent wreath. If you do not have one, print off the attached pages and build the one provided. (Here is a picture of what it looks like. Use toilet paper tubes inside the candles and a paper plate for the base.)



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- Once your Advent wreath has been prepared, pray this Advent Wreath blessing to bless your wreath.
 - *Dear Jesus, as we light the candle(s) on this Advent wreath, may the light of your presence bring joy to our hearts. Bless our family and our friends, and be with all those who are in need this holiday season. Amen.*

Conclusion: Continuing your Advent Prayer

- **Advent begins on Sunday, December 3, 2023.** Use the attached weekly prayers to journey through the Advent season as a family. If you already have Advent prayers for your wreath, please feel free to use yours.
- **Optional**: Another fun idea is to make an Advent paper chain. An option has been included for you that has good deeds for the Advent Season.

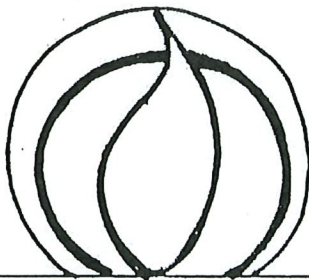
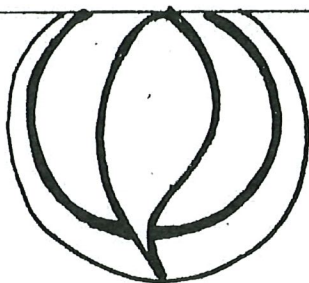
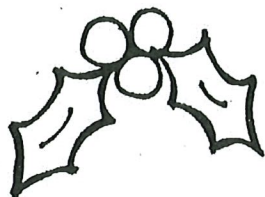
Reminder: On December 6th, we have a family night that includes Mass for the Feast of St. Nicholas. You will have an at-home lesson on December 13th and be in-person on December 20th.

Have a blessed week!

* Second Sunday of Advent (Violet)

"Prepare the way of the Lord,
make His paths straight." ~ Mark 1:3

HOPE



* First Sunday of Advent (Violet)

"Take heed, watch, and pray; for you do not
know when the time will come." ~ Mark 13:33

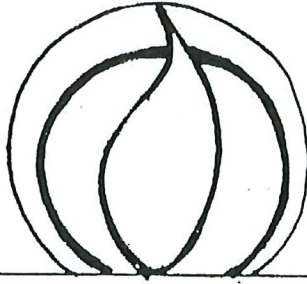
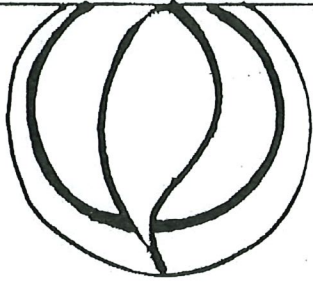
HOPE



* Fourth Sunday of Advent (Violet)

"Behold, you will conceive in your womb and bear a son, and you shall call His name Jesus."
~ Luke 1:31

HEAVEN

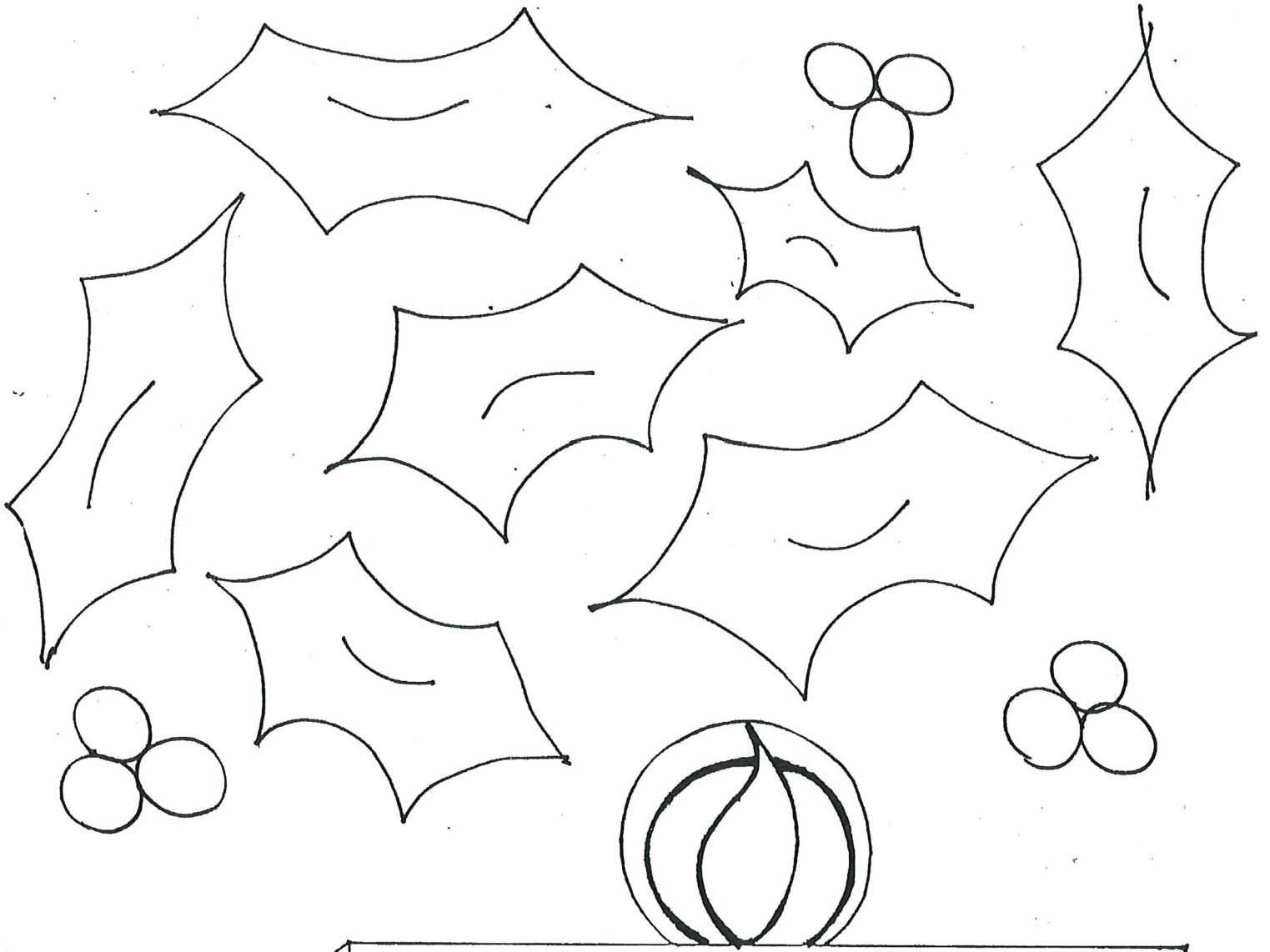


* Third Sunday of Advent (Rose)

"There was a man sent from God, whose name was John. He was not the light, but came to bear witness to the light."
~ John 1:6, 8

JOY





*Christmas Day! (white)

"For to you this day is born in the city of
David a savior, who is Christ the Lord."
~ Luke 2:11

HAPPY CHRISTMAS

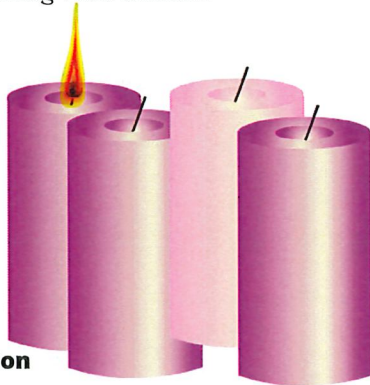


WEEK 1

Light one candle and sit for a moment in silence.

*Christ our Light,
Shine in our lives with hope and promise.
Give us right vision so that we remain attentive
to this holy season.
Remind us to look for you in small acts of
kindness and love.
We await your coming with wonder.*

Amen



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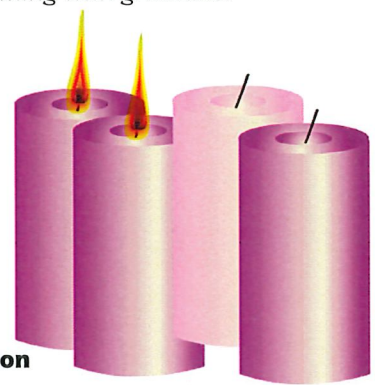
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WEEK 2

Light two candles and sit for a moment in silence.

*Christ our Hope,
Illuminate our hearts with your grace.
Enlarge our vision so that we recognize our
kinship with all the people of the world.
Help us to give to others in ways that meet
their deepest needs.
We await your coming with gratitude.*

Amen.



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WEEK 3

Light three candles and sit for a moment in silence.

*Christ our Joy,
Brighten our homes with your presence.
Clarify our vision so that we might see you
in the people we cherish.
Make every holiday activity an opportunity
to spread your light and love.
We await your coming with delight.*

Amen.



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WEEK 4

Light four candles and sit for a moment in silence.

*Christ our Peace,
Glow brightly in each moment.
Enlighten our vision so that we see beyond
the trappings of the holidays.
Relieve us, if just for a moment,
of our worries and stress.
We await your coming with serenity.*

Amen.



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Optional : Paper Chain Activity

Print the following on violet paper.

12/3

Light the first candle on your Advent Wreath.

12/4

Make a Christmas card for an elderly neighbor.

12/5

Mail the card you made yesterday and say a prayer for your neighbor.

12/6

Read about Saint Nicholas, whose feast day is today.

12/7

Ask a parent for permission to make popcorn for your family.

12/8

Be nice to someone you do not like a lot.

12/9

Offer to say grace at mealtime.
Suggest your family hold hands around the table while you say it.

12/10

Light two candles on your Advent Wreath.

12/11

Clean your bedroom without being asked.

12/12 Look up at the wonder of the night sky tonight and say thanks to God.

12/13 Make a Christmas card for your favorite teacher and give it to them.

12/14 Hug everyone in your family today.

12/15 Make a special ornament for each family member from old Christmas cards.

12/16 Get a Christmas story or poem from the library and read it to your family.
Or read Luke 2:1-20 with your family and then set up your Christmas crèche.

12/24 Light four candles on your Advent Wreath.

Print the following on rose paper.

12/17

Light three candles on your Advent Wreath.

12/18

Write "I love you" notes to your parents and hide them under their pillows.

12/19

Offer to set the table for dinner.

12/20

Practice singing Christmas carols.

12/21

Say a prayer for all the world's hungry people.

12/22

Offer to help in wrapping presents.

12/23

Suggest making Christmas cookies as a family.

Print the following on white paper. Several are posted to save on paper to use with several children.

12/25 Light all your candles and the white one on your Advent Wreath.
Celebrate a joyful Christmas by going to Mass.

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