

DEVELOPING A FAMILY FAITH PLAN

To make the most of your Family Faith Discussion please take a few moments to complete the information below. This goal setting activity is not meant to be a judgement on you or your family, it is simply a tool for you to use when developing your confidential family faith plan.

Below are things to consider when developing your family's faith goals. Check any items that maybe helpful to consider when developing your goals.

Home

- Family meals are a priority for our family.
- Religious art, images, and Bibles can be found in our home.
- Our family celebrates the seasons of the liturgical year (Advent, Lent, etc.) with special prayers, actions, and rituals at home.

Prayer

- Our family prays together outside of Mass.
- Our family uses a variety of prayer forms (Scripture, memorized prayers, etc.) in our home.
- Family members take turns leading prayer.
- Our family participates in prayer in our parish (outside of Mass). An example would be the Stations of the Cross.

Worship

- Our family attends Mass together on a regular basis.
- Our family prepares for Mass each week by studying the Mass readings.
- Our family sets aside Sunday as a day for worship and family time.

Formation

- We read Scripture as a family.
- Our family puts a high value on learning more about our Catholic faith.

Faith and community involvement

- Our family participates in social and community events at St. Nicholas (outside of Mass).

Justice and Service

- Our family discusses current events in light of the values and beliefs of the Catholic faith.

_ Members of our family are involved in regular justice and service in the parish or wider community.

_ We talk about morality, and how to judge between right and wrong in our family.

Goal Setting

Use the information above as a guide when setting family faith goals.

Family: As a family decide together on two things you will do as a family to further grow in faith in the coming year.

1. Goal:

2. Goal:

Individual: Keeping in mind it is vital to deepen our personal relationship with Jesus if we are to help our family members grow closer to Christ and his Church please consider setting a goal for personal spiritual development for yourself. You can use the information above to help with this.

Goal (parent)

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How we can help: Please consider your goals and list any support, resources, or help you will need from St. Nicholas parish to achieve your goals to grow in faith either as a family or individually.

1.

2.

3.